**TUPLES**

**Access Tuples Items**

You can access tuple items by referring to the index number, inside square brackets.

**Note:** the first item has index 0.

**Negative Indexing**

Negative indexing means start from the end. -1 refers to the last item, -2 refers to the second last item etc.

**Range of Indexes**

You can specify a range of indexes by specifying where to start and where to end the range. When specifying a range, the return value will be a new tuple with the specified items.

By leaving out the start value, the range will start the first item. By leaving out the end value, the range will go on to the end of the list.

**Range of the negative indexes**

Specify negative indexes if you want to start the search from the end of the tuple.

**METHODS**

Python has two built-in methods that you can use on tuples.

**count()**

Return the number of times a specified value occurs in a tuple

**index()**

searches the tuple for a specified value and returns the position of where it was found